myProstate.eu

## Instructions for searching and viewing reports

Contents

myProstate.eu is optimized for a screen resolution of at least 1280 pixels due to the substantial tables and graphics.

01 – Searching for initial treatment

The menu bar on the left side of the screen lists the categories for the initial treatments e.g.:

Selection will display a table of all users who have chosen a kind of **radical prostatectomy** as their initial treatment.
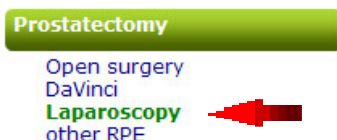
Selection will display a table of all users who have chosen **Laparoscopy** as their initial treatment.

02 – Own selection

You can select all users within your choice with all or some of the factors shown.
In this example: age and PSA value at initial diagnosis.

own selection

This selection will displays all users at the age 50 to 60 and with a PSA value between 5 and 10.

There are a lot of other selection possibilities like TNM-stages, Gleason-Score, country and date of first diagnosis etc.

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Self-selection of treatment sequences

Selection displays all users which have chosen **open surgery** as their first treatment and **IMRT** as their second treatment.

03 – Result tables of a predefined or a own selection

All Reports Choose language: all ☑ or ☐ 🇬🇧 and ☐ 🇩🇪 and ☐ 🟦🟥 and ☐ 🇪🇸

Stars

	Initial diagnosis 0 - 5 years ago	
*	Initial diagnosis 5 - 10 years ago	
**	Initial diagnosis 10 - 15 years ago	
***	Initial diagnosis more than 15 years ago	

St **Status**

St		Status	
N	=	new	Newly registered in the last 30 days
U	=	update	Update under 3 months old
F	=	due	Last update was made more than 9 month ago.
†	=	†	Unfortunately, we have received a death notice.

L	ST	Personal information				Details at diagnosis					Initial treatment			Second treatment			Third treatment		
		Name	Age	Ctry	Stars	Date	Age	PSA	GS	T-Stad.	Date	PSA	Treatment	Date	PSA	Treatment	Date	PSA	Treatment
🇩🇪	N	Bernddb	56	A		14.06.11	57	4.8	3+3										
🇩🇪	N	zdeno	49	A		18.01.11	49	154	5+5		10.02.11	154	ADT1						
🇩🇪	N	Wolf48	63	D		01.04.11	63	12.2	3+3	pT1c3									
🇩🇪	N	Kahului	78	D		31.08.10	78	951	+										
🇩🇪	N	kummer54	57	CH		28.02.11	57	9.1	+										
🇬🇧	N	Terry Herbert	69	AUS	**	12.08.96	54	7.2	3+4	T2b	12.08.96	7.2	Active Surv.	10.06.04	8.6	TUR-P	01.05.07	0.2	ADT1
🇬🇧	N	bob smith	64	USA		10.10.07	60	4.2	3+3	T1c									

The results are shown in the following order of the second column:
N = newly registered
U = update
F = Far overdue. Last update was made more than 9 months ago.
† = deceased

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Choose language: all ☑ or ☐ 🇬🇧 and ☐ 🇩🇪 and ☐ 🟦🟥 and ☐ 🇪🇸

Here you can choose the language of the reports to be displayed.

▲▼   Columns can be sorted in ascending or descending order. Click on to the desired arrow
      with the mouse. The column will be sorted and the arrow gets red. (▲▼)

Details at diagnosis				
Date	Age	PSA	GS	T-Stad.
▲▼	▲▼	▲▼	▲▼	▲▼
09.03.09	50	0.5	4+3	cT2b
27.05.08	47	1.0	3+3	Tx
19.11.02	45	1.6	+	

In this case the **PSA values at the initial diagnosis** are sorted
in ascending order.

Initial treatment		
Date	PSA	Treatment
▲▼	▲▼	▲▼
01.07.11	7.9	DaVinci
10.05.11	7.7	Open surgery
17.03.11	10.1	DaVinci

In this case the **date of the initial treatment** is sorted in
descending order. This means that the user who was treated for
the first time at the latest date will be displayed on top.

04 – Choosing of a personal report

L	ST	Personal information				Details at diagnosis					Initial treatment			Second treatment			Third treatment		
		Name	Age	Ctry	Stars	Date	Age	PSA	GS	T-Stad.	Date	PSA	Treatment	Date	PSA	Treatment	Date	PSA	Treatment
▲▼	▲▼	▲▼	▲▼	▲▼	▲▼	▲▼	▲▼	▲▼	▲▼	▲▼	▲▼	▲▼	▲▼	▲▼	▲▼	▲▼	▲▼	▲▼	▲▼
🇬🇧		lux69	69	B	★★	22.11.00	59	7.6	2+2	T2b	14.12.00	7.6	Open surgery						
🇬🇧	U	HorstKG	69	AUS		22.12.08	67	4.4	3+4	T2c	20.01.09	4.9	Open surgery						
🇬🇧	N	Terry Herbert	69	AUS	★★	12.08.96	54	7.2	3+4	T2b	12.08.96	7.2	Active Surv.	10.06.04	8.6	TUR-P	01.05.07	0.2	ADT1
🇬🇧	N	bob smith	64	USA		10.10.07	60	4.2	3+3	T1c									
🇩🇪	U	Pierrot	64	CH		27.07.09	63	5.5	+		24.07.09	5.5	Watchful Wait.						
🇩🇪	U	jürgvw	75	CH	★★	17.09.00	65	2 [Last report 86 days ago] 10.00	208		ADT2	27.02.06	5	other ADT	05.07.06	20.9	Chemotherapy

A personal report will be displayed by clicking onto a name or onto the green bar.

| Last report 86 days ago |

A small info window appears stating when the last report was recorded
by this user if the cursor remains a short moment on a name or a line.

05 – Viewing of a personal report

After selecting a user, the first page with the details of his experiences appears showing:

➢ **Personal data + diagnosis**
➢ all **treatments** carried out incl. dates of treatments
➢ all **drugs** taken incl. duration (from-to dates) and the quantities

Pierrot

Characteristics	Graphics	PSA-DT	Appreciations	Reports	Abo

Personal data + Appreciations + Post surgery findings

Personal data	
Visible name:	Pierrot
Ctry:	SWITZERLAND (Confederation of Helvetia)
State/Province:	Solothurn
Year of birth:	1946
Age:	64
Occupation:	Selbständiger Teilzeitrentner
Hobbies:	Pilze sammeln und fotografieren
My Website:	www.myProstate.eu

Data at initial diagnosis	
Date:	27.07.2009
Age at diagnosis:	62
PSA:	5.46
Biopsied?	No
TUR-P?	No
Gleason Score:	
TNM-Stages:	
Remark:	

Maximum measured prostate volume	
Date:	19.07.2010
PSA:	4.57
Volume in ml or cm³:	60

Postoperative pathological data	
Date:	
Gleason Score:	
pTNM-classification:	
Margins:	
p-L-V-P-G-Findings:	
See report of:	

Treatments

from	to	PSA**	Type	Clinic	City
24.07.09		5.48	Watchful Waiting	ambulant	

** PSA level at the start of the treatment

Drugs

from	to	Medication	Quantity / unit of time
01.07.06	26.06.10	Sortis	1 x 20 mg / T
15.06.08		Pradif T	1 x 0.4 mg / T
04.07.09		GranaProstan	4 Kapseln / T
01.09.09		Leinöl	2 EL / T
04.11.09		Tomatenmarkpulver	2 TL in Wasser
19.07.10		Prostagutt-F	1 Kapsel / T

NEM = Nutritional supplement

Quantity per D / M / Y etc.

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Clicking the "**Graphics**" button will display two graphics with the PSA progression, one with linear and one with logarithmic scale. Further graphics of other values (for example testosterone, free PSA, CGS etc.) might be displayed if entered by the user.

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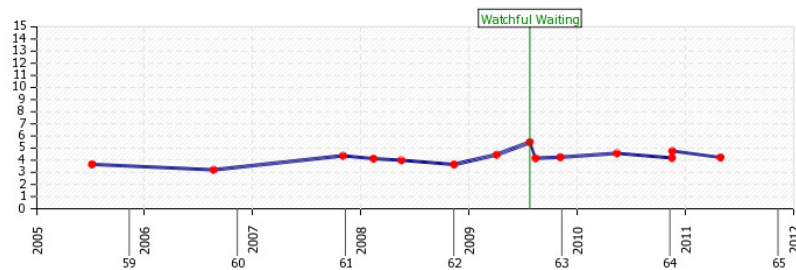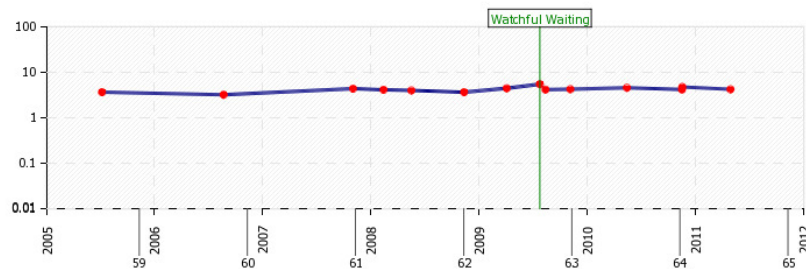
Clicking the "**PSA-DT**" button will display a table with the PSA values and the PSA doubling times in years. The doubling times will be calculated backwards for 1, 2 or 4 periods.

Pierrot | Characteristics | Graphics | PSA-DT | Appreciations | Reports | Abo

PSA doubling times in years
* Calculated backwards for 1, 2 and 4 periods.
Limit = 3 years

Calculation of doubling times in days:
Doubling time in years:
Doubling time in days: Calculate

Date	PSA	1 period*	2 periods*	4 periods*
06.07.2005	3.66			
21.08.2006	3.21	--		
01.11.2007	4.37	2.69	9.08	
12.02.2008	4.13	--	4.07	
16.05.2008	4.00	--	--	22.34
10.11.2008	3.65	--	--	12.00
03.04.2009	4.46	1.36	5.62	48.34
24.07.2009	5.48	1.03	1.20	3.54
12.08.2009	4.17	--	--	20.67
04.11.2009	4.25	8.40	--	4.48
14.05.2010	4.57	5.00	5.70	31.64
16.11.2010	4.19	--	--	--
17.11.2010	4.76	0.01	8.72	6.63
29.04.2011	4.23	--	32.77	--

Date	PSA	1 period*	2 periods*	4 periods*

PSA doubling times of <3 years will be displayed in red!

Doubling times in the column "4 periods" are more meaningful because measurement errors and special effects are more likely eliminated. The interpretation of the doubling times should be made by an expert.

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Clicking the "**Appreciations**" button will display the effects of therapies made by the user. Each therapy undertaken can be assessed individually. For example, if two ADT1-treatments have been made, each will be assessed separately.

Clicking the "**Reports**" button will display the written reports. These might be sorted in ascending or descending order. ▲ ▼

If a report is written in a foreign language you can have it translated by Google into the language of your choice by clicking onto the appropriate flag.

06 – Subscription of reports

Clicking the "**Abo**" button allows you to subscribe to future reports of this user. Subscribed reports will be sent by e-mail.
Only registered user can subscribe and administrate reports!
See the "Instructions for registration and recording of your own PCa-history".

07 – Personal Message

Clicking the "**Mail**" symbol allows you to send a personal message to the user.
The name and the e-mail address of the recipient are not visible!
The recipient can then decide whether he wants to answer and reveal his real name.

myProstate.eu does not store any personal messages and has no insight into these.

The sender will receive a copy of the personal message to the e-mail address he indicated.
If you are logged in the spam-protection is set off!

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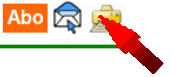
08 – Printing of reports

Pierrot | Characteristics | Graphics | PSA-DT | Appreciations | Reports | Abo

Clicking the "**Printer**" symbol allows you to print the report including
- Characteristics
- Graphics
- PSA-DT
- Reports

The "Appreciations"-reports on effects will not be printed.